

# PARENTING PLAN: LONG DISTANCE ADD ONS

[www.TheDivorceSolutionist.com](http://www.TheDivorceSolutionist.com)

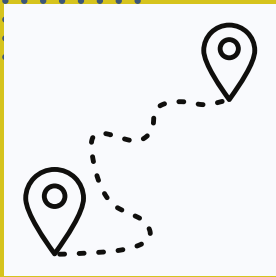
## Age & Maturity of Child(ren)

The age of the child(ren) has an impact on the distance, frequency and duration they can travel, their school, extracurricular activities, sports, etc. Their level of maturity also affects their ability to travel alone, how they feel about traveling, etc.



## Distance between Parents

This distance between both parent's home matters in long distance situations. The frequency of visits, the duration of visiting time, whether the travel time will be included in the visiting time, etc. all have an impact on what is reasonable to include.



## Financial Considerations

The costs associated with the mode of travel, i.e. plane, car, etc. should be covered in the plan and how those costs are split or covered amongst the parents is important. The costs involved also impacts the frequency of the visits and the timing/schedule of them too.



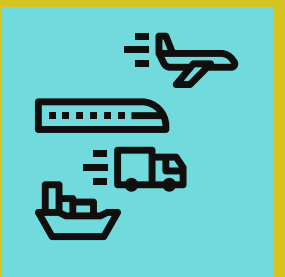
## Communication

Parent-child contact while visiting the other parent is very important. The method of communication, i.e. phone, video, email or text should all be specified. Also, days, duration of contact, frequency of contact, who initiates contact and makeup time are extremely important. The age & maturity of the child should be factored in as well.



## Travel

The mode of transportation should be stated, who accompanies the child(ren), backup modes, if the parents should meet halfway or alternate exchanges are necessary to include. This issue overlaps with costs, distance and age/maturity of child(ren) too.



## Parent's Obligations & Availability

Each parent needs to be clear about their other responsibilities, i.e. other child(ren), work, vacation, finances, etc. when coming up with a plan.

